

The Family Support Center (FSC)

Support for Families who have a Loved One with Opioid Use Disorder (OUD)

The Family Support Center (FSC) program recognizes the Family as one of the most influential factors in the successful treatment of addiction and will utilize Community Reinforcement Approach and Family Training (CRAFT) to provide families with tools, skills, and resources to effectively guide their loved one to recovery.

Program Goals: to increase access to services for OUD, reduce unmet treatment need, and reduce opioid overdose related deaths through the provision of prevention, treatment, and recovery activities.

Specialized Services:

- Peer-Support Groups (Includes CRAFT-based Skills Training)
- Individual Supportive Counseling
- Case Management Services
- Psycho-education
- Referrals to additional resources and wraparound services

About the CRAFT Model:

The Family Support Center (FSC) program recognizes the Family as one of the most influential factors in the successful treatment of addiction and will utilize Community Reinforcement Approach and Family Training (CRAFT) to provide families with tools, skills, and resources to effectively guide their loved one to recovery.

Goals of the CRAFT model include:

- To reduce a loved one's harmful substance use.
- To influence the loved one to seek treatment
- To improve the functioning of family members by making positive life changes.

For more information contact...

Matthew Grey, MSW at 201-265-8200 x5394

or MatthewG@CarePlusNJ.org

Ratna Joshi-Nelson, MS DCAR, CJ, HeD at 201-265-8200 x5646

or RatnaJ@CarePlusNJ.org



Our Philosophy:

Coping skills and strengths developed in childhood carry into adult life, helping individuals reach their full potential. With this in mind, we strive to deliver programming and resources that assist individuals in navigating our complicated world.

healing one another...together

Care Plus NJ, Inc. Headquarters 610 Valley Health Plaza, Paramus, NJ 07652 | ph 201-265-8200

Children & Family Services 17-07 Romaine Street, Fair Lawn, NJ 07410 | ph 201-797-2660

For more information on the services offered by CarePlus, visit www.CarePlusNJ.org