

Facts about BEHAVIORAL HEALTH DISORDERS

- **One in four adults – approximately 57.7 million Americans – experiences a mental health disorder in a given year. One in 17 lives with a serious mental illness such as schizophrenia, major depression or bipolar disorder and about one in 10 children lives with a serious mental or emotional disorder.**
- **Twenty-five (25) million Americans suffer from drug and alcohol abuse: thirteen (13) million from alcohol and twelve (12) million from drugs.**
- About 2.4 million Americans, or 1.1% of the adult population, live with schizophrenia.
- Bipolar Disorder (manic depression) affects 5.7 million adults, approximately 2.6% of the adult population per year.
- Major Depressive Disorder affects 6.7% of adults, or about 14.8 million Americans.
- Anxiety disorders, including Panic Disorder, Obsessive Compulsive Disorder, Post Traumatic Stress Disorder and phobias affect 18.7% of adults, an estimated 40 million individuals.
- Attention Deficit Hyperactivity Disorder (ADHD) affects three to five percent of school age children.
- The economic cost of untreated mental illness is more than \$100 billion annually in the United States.
- Serious mental illnesses are more common than cancer, diabetes or heart disease.
- Suicide is the tenth leading cause of death in the United States and the second leading cause of death for people ages 15-24 years. More than 90% of those who die by suicide have a diagnosable mental health disorder.
- **The best treatments for serious mental illness today are highly effective; between 70 and 90% of individuals have significant reduction of symptoms and improved quality of life with a combination of pharmacological and psychosocial treatments and support. These success rates are far better than those of other medical conditions; e.g., heart disease has just a 45 to 50% treatment success rate.**
- **Outpatient treatment and rehabilitation programs for people with mental illness can reduce psychiatric rehospitalization rates, improve quality of life, prevent homelessness and increase the likelihood of gainful employment.**
- Nearly two-thirds of all people with diagnosable mental disorders do not seek treatment because of ignorance, stigma and the lack of appropriate service and treatment options.
- **Warren County ranked in the top seven counties in New Jersey for reported cases of child abuse and neglect. Additionally, 6.4% of these cases were for sexual abuse, higher than the 5.6% statewide average.**
- **Per the 2013 census and National Institute of Mental Health statistical indicators, there are approximately 26,845 (25%) people living in Warren County with a mental health or substance abuse disorder and 6,013 (5.6%) people with a serious mental illness.**

References: National Institute of Mental Health, National Alliance for the Mentally Ill, 2013 Census; Child Abuse and Neglect in NJ-Statistical Report for 2006; Center for Disease Control and Prevention, 2013.